



Ballroom/Modern & Latin in Crete

Join us in conjunction with Holiday&Dance for the ultimate Modern & Latin / Ballroom dance experience. Ideal for all dancers, including early stage (from approx. 1 year experience)

Dates: 11 - 18 October 2025

Price: £999.00 (w/out flights) £1,249.00 (w/flights)

Discounts: £50 early bird booking is valid until 31st December 2024

WHATS INCLUDED

- Return flights from London Gatwick* (*regional departures available at a supplement - please enquire on booking*)
- Return airport transfers from/to Heraklion Airport
- Seven nights of half-board accommodation at a beachfront 4-star Resort
- Minimum 5 x 1.5 hour dance sessions, suitable for improver level upwards plus revision sessions
- Music & dancing every evening
- Welcome drink

Not included: Climate resilience tax of €10 per room / per night, payable on-site

UNIQUE FEATURES

Holiday & Dance are proud to offer over 40 years of experience in Modern Ballroom and Latin American dancing and have been delighted to work with Club Dance Holidays for more than 20 years. We would like to introduce John & Linda West former 'Over 50 British Champions' and very popular teachers and hosts.

Ballroom dance has never been more popular and we bring you a wonderful opportunity to learn or perfect a new skill, meet like-minded people and keep fit in the comfort of a fantastic 4* resort. A fantastic resort with a beautiful pool area and a private beach. You will enjoy at least eight hours of dance tuition throughout the week, plus revision sessions and dancing each evening.

IS THIS HOLIDAY FOR ME?

This is the ideal holiday for anyone who loves to dance, from improver level upwards. On this holiday you will learn new routines and immerse yourself in the world of dance for an intensive week of classes, social events and fun in the sun. This is a holiday for all ages and abilities and is a fantastic opportunity to experience the dance fever currently sweeping the nation! Not only will you perfect your ballroom repertoire, you will have the opportunity to chill by the pool, relax on the beach and explore the surrounding area.

What previous guests have said about the holiday

"Loved being able to relax while still having an activity to focus on"

"Very enjoyable and felt we improved our dancing skills considerably. The mix of classes and free time was good"



"Overall an enjoyable week , good balance of teaching time , dancing and free time. Lots of laughter"

"Superb tuition, lovely people, good evening dancing"

YOUR ACCOMMODATION

4★ Resort (Half Board) (Included)

This is a 4.5-star hotel complex nestled in acres of gorgeously landscaped Mediterranean gardens and on one of the best beaches in Crete. Offering its guests assured comfort and Crete's warm hospitality, it consists of 287 rooms, bungalows and suites making it ideal for those seeking a relaxing holiday in the sun. The resort comprises of a main hotel building with elegant rooms and suites and a selection of bungalows set in the lush landscape. All accommodation is furnished in a fresh contemporary style providing a comfortable stay.

WEATHER

With average daily highs of 23°C and lows of 17°C, the weather in Crete during October is pleasantly warm to mild. It's an ideal climate for those who find summer's intense heat overwhelming but aren't fond of the cold. In our opinion, the best time to visit!

YOUR TEACHERS

We are excited to introduce John & Linda West, former 'Over 50 British Champions' and immensely popular teachers and hosts. Their expertise and charisma have made them favorites in the dance community, and they bring a wealth of knowledge and passion to every event.

Club Dance Holidays has had the pleasure of working with John and Linda on several occasions, offering dance enthusiasts unforgettable experiences. Whether you are a seasoned dancer or a beginner, John and Linda's engaging teaching style and warm personalities ensure a delightful and enriching experience.

THE LEARNING EXPERIENCE

Learn and Improve teaching sessions: Your dance course covers a rich portfolio of Modern Ballroom dances – Waltz, Tango, Slow Foxtrot and Quicksteps – with an emphasis on togetherness, floor-craft and choreography. Basic work in the popular Latin Ballroom dances of Cha Cha Cha, Rumba, Samba and more will be included. A ballroom holiday gives you the concentrated tuition and practice needed to pick the basics up in a relatively short time and for the experienced dancer, allows you to build on the grace and flow of this beautiful dance.

CLASSES & WORKSHOPS

Dance venue: All the dancing conveniently takes place in the resort in a room with a wooden floor.

Music and Dance Evenings: During the evenings John and Linda would like to offer informal tuition as appropriate for individual couples on a more personal basis than during the group sessions. Please don't hesitate to chat through the possibilities and they will try to help with practical advice as well as recap some of the choreography of the morning workshops if required.

Singles: Whilst those booking without a partner will be amply catered to in the classes, it is worth noting that Modern & Latin as a dance does attract couples. This might be a consideration from a social perspective on the holiday. If you are booking on your own, we will confirm your booking once we get a Dance partner with the same Dance level as you.

The main dances in the modern ballroom area:

- The Waltz - Slow waltz, (Think "Come Away with Me" by Norah Jones)
- The Quickstep - As the name suggests - fast! (Think Nat King Cole's "Let's Face the Music and Dance" or "I'm the King of the Swingers" a la Jungle Book!)
- Foxtrot - Smooth as silk - (Think Frank Sinatra's "I've got you under my skin" or Michael Buble's "Just Haven't met You Yet")
- Ballroom Tango - Usually quite dramatic - (Think "Phantom of the Opera" or Fernando's Hideaway")

The Waltz - Stems from one of the oldest folk dances, usually danced to a faster tempo - more like the Viennese Waltz. This was refined and slowed down for ballroom waltz to emphasise the flowing and smooth nature of the music.

It is the most danced of all the ballroom dances and along with quickstep the first you would normally learn. The famous 1-2-3 music beat makes it fairly basic to follow and relatively easy for a beginner to pick up basic steps within a short period. To master the dance and make it look perfect takes much dedication and therefore a good ballroom holiday would help to enhance.

The Quickstep - Very fast and fun! Along with the waltz one of the first dances you would normally learn in ballroom. The slow-slow-quick-quick-slow rhythm is quite easy to follow and therefore relatively easy for beginners to get the hang of the basic steps and quickly be able to move round a dance floor. To become really good needs a lot of practise and energy. So most people stick to the basics with one or two fancy steps to impress. A ballroom holiday would allow a beginner to learn enough to join in a dance and more experienced dancers to add to their repertoire or polish their style.

The Foxtrot (Also known as Slow-Foxtrot) - The most difficult of the modern ballroom dances, yet often the most beautiful music (Frank Sinatra, Michael Buble, Ella Fitzgerald etc) and that is why many people will go through the pain and frustration of learning it. You would usually learn basic waltz and quickstep before starting on foxtrot, as you need to have some idea of timing and how to move with the music.

You start by being mystified by the complexity of the steps, which make no sense at all at the beginning. Then suddenly you get it - and you link it in with the wonderful music - and it was all worthwhile! A ballroom holiday gives you the concentrated tuition and practice needed to pick the basics up in a relatively short time and for the experienced dancer, allows you to build on the grace and flow of this beautiful dance.

SAMPLE ITINERARY

Here's a provisional itinerary aiming to give you an idea of what your holiday will look like, however there may be some elements which will change

DAY 1

Arrival and transfer to hotel

Afternoon - Activity suggestion

2100 - Overview of the week; Welcome drink and Music and Dance session.

DAY 2

1000 - Learn & Improve workshop

Afternoon - Relax on the beach, chill by the pool or explore the local sights

2030 - Music and Dance session

DAY 3

1000 - Learn & Improve workshop

Afternoon - Relax on the beach, chill by the pool or explore the local sights

2030 - Music and Dance session

DAY 4

Free day to enjoy the hotel and surroundings

2030 - Music and Dance session.

DAY 5

1000 - Learn & Improve workshop

Afternoon - Relax on the beach, chill by the pool or explore the local sights

2030 - Music and Dance session

DAY 6

Morning - Learn & Improve workshop

Afternoon - Relax on the beach, chill by the pool or explore the local sights

Evening - Music and Dance session

DAY 7

Relax on the beach, chill by the pool or explore the local sights

2030 - Farewell dance evening

DAY 8

Transfer to Airport

SINGLE ROOM SUPPLEMENTS, UPGRADES AND BUDGET OPTIONS

4★ Hotel with Half Board - (11/10/2025 to 18/10/2025 - 7 nights)

Superior Twin Room /Bungalow - Included

Superior Twin Room/Bungalow Sea View - 49.00 GBP (per person)

Superior Twin Room/Bungalow single occ. - 273.00 GBP

Superior Room/Bungalow Sea View single occ. - 420.00 GBP

Extra Nights

Superior Twin Room /Bungalow (Per Room) - 135.00 GBP per night

Superior Twin Room/Bungalow Sea View (Per Room) - 180.00 GBP per night

Superior Twin Room/Bungalow single occ. (Per Room) - 156.00 GBP per night

Superior Room/Bungalow Sea View single occ. (Per Room) - 159.00 GBP per night

FLIGHTS & TRANSFERS

Your holiday includes flights from London Gatwick. Regional departures are available at a supplement.

You can also book your own flights we offer a discounted rate of less 250.00 GBP per person for doing so.

We provide shuttle transfers from **Heraklion** Airport (on the standard holiday dates).

****Supplements may apply for ALL airports including Gatwick in line with rising flight prices. Please get in touch for an accurate quote at the time of booking.***

ORGANISATION - WHAT TO EXPECT

On Arrival: You will receive a detailed itinerary.

Overview of the Week and Welcome Drink: At the beginning of the week there is an overview of the week where your tour host will tell you about all details of your holiday. Also at the start of the week, Club Dance Holidays will invite you to be our guest to a drink.

Getting Around: You are responsible for making your own way to the dance classes and meeting points on the itinerary.

Free time: We encourage you to explore the local area and make use of the excellent hotel facilities. This can be done when you please around the activities and dance classes that we have organized for you.

Club Dance Holidays Factsheet

BEFORE YOU GO

Health and Fitness: There are no particular health requirements for a dance holiday. However you should be able to dance for at least two hours a day in order to be able to enjoy the workshop/socials.

Insurance: Insurance is a condition of booking and will need to be organised independantly.

Travel Documents: You will receive these 10 days prior to departure.

PACKING TIPS

What to wear for dancing: We recommend that you bring shoes with a leather sole for the dance classes and the evenings. Your shoes should be comfortable and supportive. Wear lightweight cotton socks to avoid sweaty and blistered feet! Wear comfortable loose clothing for the classes. We expect the dance evening's to be quite dressy so bring some glam gear with you for the evenings!

Luggage allowance: Included in the airfare is one large check-in bag per person (between 20 - 23 kg, airline depending) Carry on luggage can vary depening on the airline, so get in touch with us for more information.
Extra luggage can be secured for your booking if need be. We only pass on the cost from the airline.



See the most interesting places with us! Book your next dance holiday by visiting www.clubdanceholidays.com or call 0207 099 4816

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