CLUB DANCE HOLIDAYS FACTSHEET

BALLROOM MODERN & LATIN IN PAPHOS

31st October – 7th November

Join us in conjunction with Holiday&Dance for the ultimate Modern & Latin / Ballroom dance experience. Ideal for all dancers, including early stage (from approx. 1 year of experience)

PACKAGE INCLUDES

- Return Airfares*
- Return transfers
- 7 nights accommodation
- Breakfast & Dinner
- Minimum 5 x 1.5-hour morning dance sessions
- Nightly music & dancing
- Welcome drink on arrival

From

£1,299 per person

*Return flights from London Gatwick. Other airports possible with supplement

HOLIDAY HIGHLIGHTS

- Prime Seafront Location
- Socialising with like-minded people
- Balanced Itinerary with Leisure Time
- Award-winning hotel!
- Leave everything to us. Accommodation, travel, dancing...We'll sort it all for you!









A fantastic blend of dance, music, and destination...its pure addiction!

theteam@clubdanceholidays.com

+44 207 099 4816

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UNIQUE FEATURES

'Modern Ballroom, Latin and some popular Social Sequence'. John and Linda West join us and can not wait to welcome you for the ultimate Ballroom dance holiday, ideal for all dancers, including early stage (from approximately 1 year of experience)

Ballroom dance has never been more popular, and we bring you a wonderful opportunity to learn or perfect a new skill, meet like-minded people and keep fit in the comfort of a fantastic 4* Hotel in Paphos/ Cyprus. You will enjoy at least eight hours of dance tuition throughout the week, plus revision sessions and dancing each evening.

WHAT'S INCLUDED

- Return flights from London Gatwick*
- Return airport transfers
- Seven nights' half-board accommodation at a 4-star Hotel
- Minimum 5 x 1.5-hour morning dance sessions, suitable for improver level upwards, plus revision sessions
- Music & dancing every evening
- Welcome drink

**Other UK-based airports are also possible to fly from with a supplement*

IS THIS HOLIDAY FOR ME?

Yes! This is the ideal holiday for anyone who loves to dance, from improver level upwards. On this holiday, you will learn new routines and immerse yourself in the world of dance for an intensive week of classes, social events and fun in the sun. This is a holiday for all ages and abilities and is a fantastic opportunity to experience the dance fever currently sweeping the nation!
Not only will you perfect your ballroom repertoire, but you will also have the opportunity to chill by the pool, relax on the beach and explore the surrounding area.

WHAT PREVIOUS GUESTS SAY

- "Loved being able to relax while still having an activity to focus on"
- "Overall an enjoyable week, good balance of teaching time, dancing and free time. Lots of laughter"
- "Very enjoyable and felt we improved our dancing skills considerably. The mix of classes and free time was good"
- "Superb tuition, lovely people, good evening dancing"

THE DESTINATION

IPaphos (Pafos), a city rich in history and culture, is a gem of western Cyprus. There is archaeological evidence supporting the city's existence from the Neolithic period. Paphos, the birthplace of the Greek Goddess of love and beauty, Aphrodite, proudly boasts the remains of villas, palaces, theatres, fortresses and tombs that belong to Classical, Hellenistic and Roman periods. Paphos has been included in UNESCO's list of world heritage sites as a natural and cultural treasure since 1980. Paphos, roughly divided into Old Paphos and New Paphos, is famous for its white-sand beaches and has emerged as an attractive tourist destination.

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CLIMATE AND WEATHER

The average high in Paphos during November is 24ºC, which is perfectly warm enough for relaxing by the pool or on the beach. You should bring some warmer clothes for the evenings, though, as temperatures cool to 12ºC at night. You can still expect seven hours of sunshine from the ten hours of daylight each day. UV levels will be moderate. Sunset is just before 5pm.

FOOD & MEALS

The holiday is half board inclusive, with breakfast and dinner served daily at the hotel.

Cuisine:
Paphos offers a rich culinary experience that reflects the heart of Cypriot tradition. Drawing from both Mediterranean and Middle Eastern influences, the local cuisine celebrates fresh, seasonal ingredients and bold, comforting flavours. Expect an abundance of grilled meats, freshly caught fish, and classic dishes like souvlaki, kleftiko, and moussaka. Meze-style dining is a must-try – a generous spread of small plates featuring local cheeses, olives, dips, and more. Whether you're enjoying a relaxed meal at the hotel or venturing out to a nearby taverna, Cypriot hospitality and flavourful cooking are at the centre of every dining experience.

NIGHTLIFE

You'll be able to put into practice what you have learnt in the company of your teacher and fellow students with 'Music and Dance' on seven evenings. All the dancing conveniently takes place in the Hotel. The best recorded music will be presented during the evening so you can show off your moves!

YOUR ACCOMMODATION

Four Star Hotel (Half Board Included)

This four-star beachfront hotel in Kato Paphos is within walking distance of the harbour, archaeological sites, shops, and nightlife. It's 15 km from Paphos Airport and offers free on-site parking, with easy access to public transport.
Rooms feature balconies with garden or sea views, luxury bathrooms, and modern amenities including air conditioning, satellite TV, minibar, safe, and tea/coffee facilities.
Guests can enjoy multiple pools, a waterslide, tennis courts, bowls greens, mini golf, and a full-service spa with a heated pool, sauna, steam bath, gym, hair salon, and a range of treatments.

SINGLE ROOM SUPPLEMENTS, UPGRADES, AND EXTRA NIGHT RATES

Half Board - (31/10/2027 to 07/11/2027 - 7 nights)

Twin/Double Room - Included

Twin/Double Room with Sea View 126.00 GBP per person

Twin/Double Superior Room with Sea View 266.00 GBP per person

Extra Nights - prices are per room

Twin Room (Per Room) - 168.00 GBP per night

Twin/Double Room with Sea View - 197.00 GBP per night

Twin/Double Superior Room with Sea View - 238.00 GBP per night

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YOUR TEACHERS

We would like to introduce John & Linda West former 'Over 50 British Champions' and very popular teachers and hosts.

CLASSES AND WORKSHOPS

Dance venue: All the dancing conveniently takes place in the hotel on wooden floor.

Singles: Whilst those booking without a partner will be amply catered to in the classes, it is worth noting that Modern & Latin as a dance does attract couples. This might be a consideration from a social perspective on the holiday. If you are booking on your own, we will confirm your booking once we got a Dance partner with the same Dance level as you.

The main dances in modern ballroom area:
• The Waltz - Slow waltz, (Think “Come Away with Me” by Norah Jones)
• The Quickstep - As the name suggests – fast! (Think Nat King Cole’s “Let’s Face the Music and Dance” or “I’m the King of the Swingers” a la Jungle Book!)
• Foxtrot - Smooth as silk – (Think Frank Sinatra’s “I’ve got you under my skin” or Michael Buble’s “Just Haven’t met You Yet”)
• Ballroom Tango – Usually quite dramatic – (Think “Phantom of the Opera” or Fernando’s Hideaway”)

The Waltz – Stems from one of the oldest folk dances, which was usually danced to a faster tempo - more like the Viennese Waltz. This was refined and slowed-down for ballroom waltz to emphasise the flowing and smooth nature of the music.
It is the most danced of all the ballroom dances and along with quickstep the first you would normally learn. The famous 1-2-3 music beat makes it fairly basic to follow and relatively easy for a beginner to pick up basic steps within a short period. To master the dance and make it look really good takes a lot of dedication and therefore a good ballroom holiday would help to enhance.

The Quickstep – Very fast and fun! Along with the waltz one of the first dances you would normally learn in ballroom. The slow-slow-quick-quick-slow rhythm is quite easy to follow and therefore relatively easy for beginners to get the hang of the basic steps and quickly be able to move round a dance floor.
To become really good needs a lot of practise and energy. So most people stick to the basics with one or two fancy steps to impress. A ballroom holiday would allow a beginner to learn enough to join in a dance and more experienced dancers to add to their repertoire or polish their style.

The Foxtrot (Also known as Slow-Foxtrot) – The most difficult of the modern ballroom dances, yet often the most beautiful music (Frank Sinatra, Michael Buble, Ella Fitzgerald etc) and that is why many people will go through the pain and frustration of learning it. You would usually learn basic waltz and quickstep before starting on foxtrot, as you need to have some idea of timing and how to move with the music.
You start by being mystified by the complexity of the steps, which make no sense at all at the beginning. Then, suddenly, you get it - and you link it in with the wonderful music - and it was all worthwhile!

A ballroom holiday gives you the concentrated tuition and practice needed to pick up the basics in a relatively short time and, for the experienced dancer, allow you to build on the grace and flow of this beautiful dance.

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SAMPLE ITINERARY

Here's a provisional itinerary aiming to give you an idea of what your holiday will look like, however there may be some elements which will change.

DAY 1
Arrival and transfer to hotel
Afternoon - Activity suggestion
2100 - Overview of the week; Welcome drink and Music and Dance session.

DAY 2
1000 - Learn & Improve workshop
Afternoon - Relax on the beach, chill by the pool or explore the local sights
2045 - Music and Dance session

DAY 3
1000 - Learn & Improve workshop
Afternoon - Relax on the beach, chill by the pool or explore the local sights
2045 - Music and Dance session

DAY 4
Free day to enjoy the hotel and surroundings
2030 - Music and Dance session.

DAY 5
1000 - Learn & Improve workshop
Afternoon - Relax on the beach, chill by the pool or explore the local sights
2045 - Music and Dance session

DAY 6
Morning - Learn & Improve workshop
Afternoon - Relax on the beach, chill by the pool or explore the local sights
Evening - Music and Dance session

DAY 7
Relax on the beach, chill by the pool or explore the local sights
2030 - Farewell dance evening

DAY 8
Transfer to Airport

ORGANISATION – WHAT TO EXPECT

Before Arrival: You will receive a detailed itinerary, holiday joining instructions, and flight tickets 10 days before the departure date.
Overview of the Week and Welcome Drink: At the beginning of your holiday there is an overview of the week where your tour host will tell you about all the details of your holiday.
Getting Around: You are responsible for making your own way to the dance classes and meeting points on the itinerary.

WHAT TO BRING / BEFORE YOU GO

Health and Fitness: There are no particular health requirements for a dance holiday. However, you should be able to dance for at least two hours a day in order to be able to enjoy the workshop/socials.
Insurance, Visa and Passport Requirements: Insurance is a condition of booking. Visas may be required for non-EU citizens. British nationals need a full passport to travel to Spain.
Travel Documents: You receive these 10 days prior to departure.

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FLIGHTS & TRANSFERS

Flights: Your holiday includes flights from London Gatwick*. Regional departures are available at a supplement - just give us a call on 0207 099 4816 - we're more than happy to help!
Or you can buy your own flights, and we can offer you a discount by doing so - please enquire when booking.

Transfers: We provide shuttle transfers from/to Paphos Airport (on the standard holiday dates).

**Supplement increases may apply for ALL airports, not limited to Gatwick, in line with raising flight costs. It pays to book early and avoid any extra fees. Please get in touch for an accurate quote at the time of booking.*

AT YOUR DESTINATION

Banks & Accessing Cash

The easiest way to access euros in Cyprus is by using a debit or credit card at ATMs, which are widely available and typically within easy reach of the hotel. Please be aware that some ATMs may charge a fee for foreign withdrawals, so it's a good idea to check with your bank for the most cost-effective option.
Banks in Cyprus are usually open from 8:30 AM to 1:30 PM on weekdays. Services include currency exchange and cash withdrawals (a valid passport may be required for over-the-counter transactions).

Tipping

Tipping in Cyprus is appreciated but not obligatory. A 5–10% tip in restaurants is customary if you're happy with the service. Tipping taxi drivers is not expected, though rounding up the fare is a polite gesture.
Our tour hosts work hard to ensure your holiday is enjoyable and may sometimes go above and beyond. If you feel their efforts deserve recognition, you're welcome to offer a tip—either individually or collectively with fellow guests. This is, of course, entirely at your discretion.

Exclusive Holiday Activities

Please note that dance classes and evening events are exclusive to Club Dance Holidays guests. For everyone's enjoyment and comfort, wristband checks will be in place. Anyone not part of the holiday group will be asked to leave these events.

HOW TO BOOK

You can book online via our webpage www.clubdanceholidays.com, or for a more personal touch, give us a call or email and we can complete a booking for you.

A non-refundable deposit of £400.00 per person is required to confirm a booking. We then require the remaining balance by 10 weeks before departure, which we will remind you of closer to the time.

We are at your disposal Monday to Friday to answer any questions pre or post-booking, so do not hesitate to get in touch.

Terms & Conditions

You can find our terms and conditions of booking here